



## Sports in the Flisvos Sportclub 2021

Sport reservations for customers that chose Flisvos accommodation are -15% off from prices shown below. Not valid for Windsurfing Events and Kite bookings.

You just need to book sports and accommodation at the same time.

Prices are for reservations until 4 weeks before rental/arrival. For bookings within 4 weeks before rental/arrival we charge on-spot rates

On-spot prices are at least +7%.

### 1. Flisvos Boarder Package:

Boarder package is an exclusive Flisvos product with access to any of our equipment at any time and complimentary activities, for a total sport experience even in lower wind conditions. It includes:

- The latest RRD Boards\* of the season 2020/2021
- The latest Neil Pryde Rigs of the season 2020/2021 fully rigged and ready to use, with Vario adjustable harness lines
- SUP boards
- Tandem Windsurf Boards
- Surf boards
- Low Wind Activities (Low Wind Free Style Lesson, SUP Tour, SUP Yoga, Sub Wing, Beach Volley, SUP Polo)
- Body boards and skim boards

\*For board reservations please note your board category (S = 74-84 litre /M = 90-106 litre /L = 110-130 litre /XL = 135 – 220 litre) in order to help us to better manage our equipment, and be able to guarantee that one board of your category will be available for you. Nevertheless, with your reservation you have access to all available boards outside your preferred category. Customers with pre-paid reservations have first priority when choosing equipment.

**Former Sport Package: For customers that chose Flisvos accommodation, Boarder Package includes use of Mountain Bikes in low season (15/05/2021-22/05/2021 and 11/09/2021-23/10/2021).**

Former Sport Package is not valid for **double use** of boarder package or discounted **family packages**. (To be able to use windsurfing equipment, mountain bikes with your boarder package during opening hours of our centers, you have to be a Flisvos guest and have a personal, full price boarder package.)

If you haven't booked accommodation with Flisvos, you can include Mountain Bikes to your boarder package in low season (15/05/2021-22/05/2021 and 11/09/2021-23/10/2021), by adding 25% of your personal, full price Boarder Package.

Duration	Price	Duration	Price
		<b>11 days</b>	413 €
		<b>12 days</b>	440 €
<b>3 days</b>	187 €	<b>13/14 days</b>	462 €
<b>4 days</b>	220 €	<b>15 days</b>	484 €
<b>5 days</b>	253 €	<b>16 days</b>	506 €
<b>6/7 days</b>	292 €	<b>17 days</b>	528 €
<b>8 days</b>	325 €	<b>18 days</b>	550 €
<b>9 days</b>	358 €	<b>19 days</b>	572 €
<b>10 days</b>	385 €	<b>20/21 days</b>	594 €

Boarder package includes protection vests. It does not include wetsuit, harnesses and accessories, equipment insurance.

Board rental and its progressive discount is possible only in **consecutive days**. There is no refund for unused windsurfing rental time

The equipment can be used only by the person who is renting it. If it is used by others, each additional user will be charged minimum the daily price of rental.

**Flisvos Foil Package:**



## 2. Foil Package:

Foil package is an extra product with access to the latest Wing foiling and Windsurf foiling equipment. It includes:

- The latest RRD Foil Boards Wing foil/ Windsurf foil
- The latest Ensis/ RRD Wings and full carbon Foils (Flisvos premium windsurf and Wing foil center)

Customers that are already experienced in this new sport can add **the rental with an extra charge of 50% on the border package (or premium border package)**. The equipment can be used **only** by the person who is renting it. Evaluation Check on spot with our instructor will be charged with an extra fee of 40,00 Euro. Renting only wing foil or Windsurf foil equipment will be charged with the price of the boarder package. (Including everything except windsurfing) On Spot you can also book one of the SEA SECRET wing foil boat trips to see other spots in the Cyclades or join a down winder.

### Windsurf/ Wing - Foil Lesson:

Courses (Instruction and Training)***	No of students*	Duration of instruction	Duration of free rental equipment, wetsuit**	Insurance	Price
<b>Windsurf Foil Lesson</b> Fixed days and hours English Language	2*	4h (2h/ in 2 days)	1h the day	Yes	247 €
<b>Wing Foil Lesson</b> Fixed days and hours English Language	2-4*	6h (2h/ in 3 day)	1h the day	Yes	428 €

All the lessons include, in addition to the equipment, insurance for damages, wetsuit and protection vest.

**\*When a group has 1 person, the daily lesson is 1 hour instead of 2.**

**\*\*1h** Free rental for Foil boards is during the days that the lessons take place: p.ex. if your course lasts from Monday to Wednesday, you get one hour free rental on Monday, one on Tuesday and one on Wednesday. If the hours are not used in the days of course, they cannot be moved to a different day.

**\*\*\***Minimum age 12 years old

## 3. Windsurf courses

Courses (Instruction and Training)	No of students*	Duration of instruction	Duration of free rental equipment, insurance, wetsuit, harness**	VDWS license and book	Price
<b>VDWS Basic Course</b> Fixed days and hours English Language	5-8*	6h (2h/day)	3 days	Yes	225 €
<b>Move on Course</b> Fixed days and hours English Language	5-8*	6h (2h/day)	3 days	No	238 €
<b>Junior Course any level (8 to 14 years)</b> Flexible days and hours Lessons in preferred language (upon availability)	1-4	3h (1h/day)	3 days	Yes	225 €
<b>Children 6 to 8 years only kids course***</b>	1	3h (1h/day)	3 days	No	225 €

All the lessons include, in addition to the equipment, insurance for damages, wetsuit, harness if needed and protection vest. After the course you get a 20% discount in your **first** rental. Beginner lessons take place in the shallow flat water in front of the station with safe, side-onshore wind and top-end RRD and Neil Pryde training equipment.

**\*When a group has 1-4 people, the daily lesson is 1 hour instead of 2.**

**\*\***Free rental for boards is during the days that the lessons take place: p.ex. if your course lasts from Monday to Wednesday, you get free rental on Monday, Tuesday and Wednesday. **\*\*\***The kid needs to weight at least 30 kilos and be a good swimmer



## 4. Extras

	Price
<b>Fixboard</b>	19 € /day
<b>Premium Center Flisvos</b> RRD LTD Boards and RRD Sails with 100% Carbon Components, use of both centres, additional to booked boarder package	14 € /day
<b>Premium Laguna Freestyle Kit</b> RRD Twin Tip Boards and NP Wizard Sails with 100% Carbon Components + 1hr use of foil board/day, use of both centres, additional to booked boarder package	14 € /day
<b>Private board storage</b> storage, use of premises and rescue service. 1 board + 2 rigs	14 € /day
<b>Only board or rig rental</b>	-35%
<b>Board rental take away</b> 1 board in bag, 2 sails (Credit Card Security Deposit Needed) minimum 3 days rental period	+20% on Boarder package
<b>Insurance+</b> (includes equipment insurance, wetsuit, harness, rescue) 1 week / 2 weeks	90 € / 143 €

The Insurance+ package covers damages to the board and the sail, includes use of wetsuit and harness and rescue services. Material insurance **excludes** damage to the fin. Insurance is also invalid if the person hiring the material does not comply with the instructions of the staff on duty, or violates the international marine code or Flisvos surf rules about handling and storing the material. Material insurance covers up to **three** damages.

## 5. Partners and children

Family and friends	Price
Double use of Boarder Package (fix board or out from pool) cannot be used from 2 people at the same time	plus 50%
<b>Junior Rental</b> (up 11 years, not applicable with family package, double use and discount after lesson)	minus 20%
<b>Family Package*</b> (3 or more Boarder Packages, min 6 days)	minus 10%

\* = Family packages are only possible when accommodation is also booked with us. The discount is not applicable with double use, Junior Rental or rental after the course

## 6. Mountain biking

MTB	Duration	Price
Rental (Ghost Bike, hard tail with advanced components, front suspension and disc break)	1 <sup>th</sup> - 7 <sup>th</sup> day	18 € /day
	8 <sup>th</sup> - 14 <sup>th</sup> day	15 € /day
	as of day 15	13 € /day

Please provide us the frame size you need with your booking request.

If you are 3 people or more, you can also pre-book a bike tour upon request. Please check our bike tour plan and ask us for the pre-booked prices.



## 7. Events 2021

### Vitamin sea @ Flisvos Sportclub

What is it?	Fill your bucket with the most trendy & fun watersports, try something new, wing foiling, windsurfing, windsurf foiling, Stand up paddle boarding, surfing and body boarding
When?	06.06.2021-11.06.2021 and 03.10.2021-08.10.2021
Who can join?	Everybody who like water sports, men and women of all ages
What does it include?	<ul style="list-style-type: none"> <li>- 10 hours of introduction</li> <li>- German and English speaking certified instructors</li> <li>- 20 hours of free rental choose what you like</li> <li>- 2 times morning hatha yoga classes</li> <li>- Exploring island Mountain Bike tour</li> </ul>
How many can join?	4 to 12 people
How much?	€390 for hotel guests; €450 for external guests

### Kids Windsurf Camp @ Flisvos Sportclub

What is it?	An ideal introduction to the fun board windsurfing
When?	10.10.2021-15.10.2021
Who can join?	Boys and girls between 8-14 years old with no or little knowledge on windsurfing
What does it include?	<ul style="list-style-type: none"> <li>- 5 days of beginner windsurf lessons</li> <li>- VDWS learning booklet and license</li> <li>- German VDWS certified Instructors</li> <li>- equipment and insurance all week included</li> <li>- surprise event</li> <li>- lots of fun time</li> </ul>
How many can join?	Minimum 4 to maximum 12 kids if participation into the event is less than 3 kids, we offer you a full junior beginner course
How much?	€390 for hotel guests; €450 for external guests

### Yoga Beach Balance @ Flisvos Sportclub

What is it?	Are you ready for Yoga Beach Balance with lots of fun and some water sport action as well, come and take part!
When?	16.05.2021-21.05.2021 and 26.09.2021-01.10.2021
Who can join?	Everybody who like water sports, men and women of all ages
What does it include?	<ul style="list-style-type: none"> <li>- 5 mornings <b>Yoga By the sea</b> to focus on balance, strength and stretching, Power Yoga and Yoga for a strong back with our Yoga Alliance certified teacher</li> <li>- 3x sunset yoga classes to focus on mindful stretching, Yin yoga</li> <li>- <b>Breathing workshop</b>, 2h introduction of easy breathing technique. Learn how to add breathing techniques into your daily life. (Small hand out for your practice at home.)</li> <li>- <b>SUP Yoga</b>, sup yoga classes to strengthen the whole body</li> <li>- Stand Up Boarding Introduction</li> <li>- 4h SUP workshop. Learn one of the easiest water sports in the world. Material set up, basic paddle skills, safety</li> <li>- 3 SUP TOUR's</li> <li>- lots of fun in the water</li> </ul>
How many can join?	4 to 12 people
How much?	€390 for hotel guests; €450 for external guests

If you feel like relaxing and reading. No problem... Naxos offers lots of beautiful beaches.

BUT if you feel like more action... choose extra activities at our Flisvos Sportclub: Windsurfing, Wing Foiling, Mountain Biking etc.



# Kite surfing

## 8. Kite Courses

(Kite Students staying in Flisvos accommodation at St. George can use a mountain bike for free for transfer)

Radio assisted sessions, equipment and safety assistance included	Duration	Prices
<b>IKO Kiteboarder Level 1 + 2 (private)</b>	6 hrs	420€
<b>IKO Kite boarder Level 1 (semi private in group of 2 people) *</b> Safety, set-up. 2 & 4 lines kites, launching and landing, piloting, body drag	6 hours	240 €
<b>IKO Kite boarder Level 2 (semi private in group of 2 people) *</b> Big 2 & 4 lines kites, board handling, water start	4 hours	160 €
<b>IKO Kite boarder Level 3 – in 2 hrs units private lessons</b> until level 3 is reached Edge control, upwind riding, change of direction, first jump	2 hours	140 €
<b>Private lessons – minimum 2 hours</b>	2 hours	140 €
<b>Foil lessons - minimum 2 hours</b>	2 hours	160 €
<b>Evaluation and certification IKO 3 level</b>		40 €
The material is included in every course. Max. students per lesson is 2. All lessons are radio assisted		

\*The group (2 persons) must be already formed at the booking. The school does not accept individuals for booking group lesson.

**Special Offer:**

Pre booked 60 days before arrival: 1 hour private additional free for 6h private or 10h group lesson

## 9. Kite rental for new RRD kites and boards of RRD

Duration	Euro	Duration	Euro
<b>3 days</b>	210 €	12 days	500 €
<b>4 days</b>	260 €	13/14 days	525 €
<b>5 days</b>	310 €	15 days	550 €
<b>6/7 days</b>	350 €	16 days	575 €
<b>8 days</b>	390 €	17 days	600 €
<b>9 days</b>	420 €	18 days	625 €
<b>10 days</b>	450 €	19 days	650 €
<b>11 days</b>	475 €	20/21 days	675 €
Kite rental only			70%
Board rental only			50%

**Important:** To rent equipment a IKO Level 3 is necessary, if the customer does not have an IKO Level 3 certificate we will do an evaluation for 40,- Euro, after passing this the customer gets the certificate IKO level 3 and is save enough to rent equipment.



## Introduction to the spot

Flisvos Sport Club is situated on the island of Naxos in the Greek Cyclades. The location, St George's Bay, is a short walk from Chora, the island's main city and port. Flisvos Sport Club includes the Seaside Studios and apartments, the Flisvos Beach Café and Restaurant, the Windsurf - Center, the Premium Windsurf and Bike Center with Shop and the Road Shop in town, all managed by one team.

The island of Naxos has been voted as one of the most beautiful islands in the world by Trip Advisor's Traveller's Choice. Being the biggest of the Cyclades Islands, situated in the heart of the Aegean Sea, Naxos has so much to offer that, no matter how long you stay, you will still have things that remain undiscovered: secluded beaches, a vibrant night life, hidden mountain villages, ancient temples, castles and a local production of vegetables, cheeses, meat and fish that will leave you speechless. The diversity this island has to offer, allows you to choose between having an active or relaxing holiday. All that and a lot more is the reason why people from all over the world keep coming back to Naxos after their first visit. So be careful; this island is addictive.

## Windsurfing

The Laguna, where the Flisvos Laguna Surf centre is located, offers you a unique diverse spot with a wind protected lesson area, a flat water freestyle area and a wave spot, making this spot perfect for every level. There is even the possibility to upgrade to the Premium Center to try a different wave spot with full carbon material.

The Laguna is a small bay, ideal for windsurfing. Inside the bay the water is shallow with a wide standing area and most of the times flat water conditions; a perfect windsurfing playground for beginners and freestylers. The reef that protects the laguna from the waves has a 7m opening from where you can exit to the open sea. There, the wave spot gives the opportunity to more advanced windsurfers to wave ride. The station is equipped with the latest RRD boards, SUP boards, two tandem windsurf boards, hydrofoil boards, Pryde sails with RDM mast and XF booms, RRD school sails, the best beginner gear and special equipment for children. Laguna offers equipment rental as well as lessons for all levels, in various languages, either in a group or private. With our VDWS instructors, you can already get your windsurfing license after a 3 day course. The station offers unique teaching techniques such as the use of the tandem boards or the use of our latest intracom system that allows real time interaction between student and instructor through a helmet equipped with microphone and headphone, to cover long distance.

The Laguna Center is open from 10:00 to 18:00 (Premium and Bike center is open from 09:00). The wind comes mainly from the North, side onshore from the right. This north wind direction is traditionally called the Meltemi, it starts from May until October, usually from the morning until sunset. For lower wind conditions, the center offers complimentary alternative activities to its boarder package customers. These activities include a SUP tours, SUP yoga and work out sessions, low wind free style lessons, beach volley tournaments, SUP Polo, SubWing and many more. In the station you can find a chill-out area, shadow spots, changing rooms and a shower.

At a 5 minute walk from the Laguna, about 400m along the beach, you will find the Flisvos Premium Surf Center. Here you start directly into the wave spot in front of the Beach Café, with waves between 1 and 1,5m breaking on offshore reefs. You have access to our high-end premium equipment: 20 RRD LTD boards and 30 RRD Rigs with 100% carbon mast and boom. In our Premium Center you can also rent SUP boards, surf boards, body boards and skim boards. Wave surfing is possible in St. George bay often just before sunset.

## Wing Foiling

The new trend!

Wing foiling is awesome! Whether you are a devoted water sports enthusiast, an experienced foil surfer or a total beginner that has never stepped foot on a board before, wing foiling is definitely something to try. Flisvos Sportclub, always up to date, is already equipped with the latest RRD Wings and Wing Foil Boards in order to give you the ticket to this amazing new flying experience. All Wing foil courses will be instructed from our new wing foil RIB with the latest BB talking intercom, to make sure you learn as fast and save as possible!

If you have already tried it, just add Wing rental to your boarder package and if not, let us teach you! The whole course will last 3 days. We will also have a fine selection of Ensis Wings and full carbon foils at the premium Wing foil center next to the beach café!



## Equipment

In our sport club, we love equipment as much as you! We make sure to update our equipment several times during the season, to provide you with the latest boards and sails, even before they are on the market!

### Flisvos Premium Centre: Conditions and Equipment

- breaking waves up to 2.5 meters, mainly side onshore wind from the right
- 20 new RRD LTD boards
- 30 new RRD rigs with 100% carbon RDM mast and boom
- SUP Boards
- surf boards
- body boards and skim boards
- 8 new wing foil boards with full carbon foils
- 15 new Ensis wings in all different sizes

### Laguna Surf Centre: Conditions and Equipment

- mainly side onshore wind from the right
- secure flat water lagoon with large standing area
- courses for beginners and advanced windsurfers by our VDWS instructors
- courses for children
- more than 150 of the latest RRD boards (from 55lt to 155lt)
- more than 250 of the latest Neil Pryde and RRD sails with RDM mast and XF boom (from 3.2 to 9.4)
- the latest RRD school boards (130lt to 220lt) and school sails (VDWS, RRD, Neil Pryde, from 0.8 to 5.0)
- 15 RRD SUP Boards
- 2 tandem windsurf boards
- 10 hydrofoil boards RRD
- 20 Wings RRD
- freestyle kits with RRD Twin Tip boards and freestyle sails with full carbon masts and booms

## Safety

- Rescue boat
- Baywatch tower
- Protection vests according to the Greek marine law, free of charge

## Mountain Biking

Naxos is a paradise for mountain bikers; you can explore the whole island on your bike. Flisvos Sport Club offers you the latest Ghost mountain bikes equipped with advanced components and disc brakes to rent and cycle around the island on your own or to join a guided tour. We offer a variety of guided mountain bike tours for all levels. You can choose an easy evening ride along the coast while enjoying the sunset or a challenging bike tour to Mount Zas combined with a hiking tour to the top. Our bike guide will take you to amazing beaches, lovely mountain villages, ancient temples and will join you for wonderful meals in small traditional taverns.

For guests that are staying in Flisvos accommodations, cruiser bikes are available for cycling around the city. For the young ones, there are kid bikes and child seats. The bike centre is open from 9:00 to 19:00 in high season and from 9:00 to 18:00 in low season.

## Shopping

All the latest fashion as well as water sports equipment is available in our two surf shops: RRD, Neil Pryde, Dakine, Mystic, Protest, Rip Curl, Brunotti, ION, Cool Shoes and many more. In our Premium Center you will find the Seaside Surf Shop, while in town you can check out our Road Shop. Here you can buy your windsurf, kite or surf equipment, used or new, repair your boards and sails, discover the latest fashion and beachwear or just chill out. And if you find your next board or sail, you can just give it a test drive in one of our stations before you buy it. Pretty cool, isn't it?



## Flisvos Beach Café and Restaurant

### **Eat, drink & be happy**

The Flisvos Beach Café and Restaurant is located right on the stunning St. George beach, one of the loveliest sandy beaches on the island where sea and sky meet in perfect harmony! It is the perfect place to spend the whole day from early morning to late at night. Here you can enjoy a healthy breakfast, relaxing lunch, refreshing juices and a delightful dinner against the background of a beautiful sea view with a stunning sunset. Our aim is to offer you the marvelous tastes of Naxian products combined with international specialties and to satisfy your every taste bud. We offer a variety of classic and modern cocktails together with the best international spirits, liquors and wines allowing you to sip a delicious sundowner with friends in the large bean bags on the beach or relax on the laid back seats. Our sunsets are an unforgettable experience that will live with you long after your holiday tan has faded.

### Beach Café team:

Our smiling and happy Beach Café team is here to serve you the most delicious and refreshing drinks together with exciting local and international cuisine to create a stunning atmosphere to start or finish your day.

### What the Beach Café has to offer you:

- Spectacular sunsets and an unforgettable atmosphere.
- A kitchen team to take care of your needs around the clock – snack or full menu – whatever you wish.
- A bar to satisfy your every need: what about a frappé, cocktail, wine, milkshake or fresh fruit juice?
- Evening events like surf and turf and fresh fish BBQ

## Accommodation

Just behind the Beach Café, a few meters away from the waterfront, you will find our charming Flisvos Seaside Studios. Our 20 apartments and studios were practically rebuilt from scratch, with new bathrooms and kitchens. They are all equipped with air condition, TV, kitchenette with appliances, WIFI, beauty products, hairdryers and much more. The studios can be with one or two bedrooms, suitable for families with kids. Your stay includes breakfast at the Beach Café every morning, with a rich buffet of local products.

### **Flisvos seaside studios and apartments – just feel good!**

View our newly renovated Flisvos seaside studios and apartments located around the Flisvos Beach Café. They are just a few steps from the sea and within walking distance of the Laguna; the best windsurf spot in Greece.

You can wake up to the sound of the waves and start your day with a lovely walk along the sandy beach. We will serve your breakfast from 08:30 till 10:30 am at the Flisvos Beach Café with its beautiful sea view. Our breakfast buffet offers a large variety of organic and local products as a healthy way to start an active, or just a lazy day.

We offer two different accommodation types. You can choose between studios and apartments varying in design and sizes from 2 up to 6 persons. Friendly faces and a warm welcome await you at the Flisvos Seaside reception. We all look forward to meet you, explaining the facilities of the Flisvos Sport Club and how to explore the beauty of Naxos Island.



## Kite Surfing

Kite surfers unfortunately cannot enjoy the perks of the Laguna, because of the airport restrictions, but they will find their spot in Mikri Vigla. The Flisvos Kite Center in Mikri Vigla is situated app. 10km to the south of St. George Beach and Naxos Town. The reception of the Kite Center, the Flisvos Kite Café, with its marvellous view over the spot, is located in the northern building of the Hotel Orkos Beach, just 150m away from the water.

Luciana and Michele (English/French and Italian speaking) are running the Flisvos Kite Centre and offer courses or renting equipment according to IKO standards. Equipment is Best kite boarding and RRD, with app. 40 kites and 20 boards available.

## Booking conditions

### Bookings

Please send all your requests and bookings by email to <mailto:travel@flisvos-sportclub.com>

An answer to your request will be sent by email within 24 hours.

Full amount of booked items has to be paid in order to obtain the necessary vouchers.

Upon receipt of a new price list, all previous price lists become invalid.

### Changes of confirmed bookings

Cancellations prior to 2 weeks before arrival are fully refunded.

Cancellations within 2 weeks before arrival are charged 50% of the amount.